Ps. 86:5-7, "You, LORD, are forgiving and good, abounding in love to all who call to You. Hear my prayer, LORD; listen to my cry for mercy. When I am in distress, I call to You, because You answer me." (NIV)

This psalm is a prayer written by David. He calling out to the only One that he knows can help him in times of need. The LORD is always waiting to hear our confessions and He is always ready to forgive. He is overflowing with love and forgiveness. We need not hesitate to come to Him expecting that He will be harsh or unforgiving. He is always ready to receive our confession and He is willing to cleanse us of our guilt and pain. 1 John 1:9, "If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness." (NIV)

David knew that his Heavenly Father was full of mercy. He had called on Him many times for His help and he knew that He was always listening to His child. David was also confident in the fact that the LORD was listening that he spoke a significant truth: *I call to You, because You answer me*. That is why David knew that His LORD was faithful. He had called on Him many times and the LORD would always answer his prayers. Just remember, the LORD wants to do the same for you. He desires for His children to come to Him; to call out to Him. I wonder sometimes if we don't come to Him because we are ashamed or frightened. Remember that He is our loving Father Who will forgive and meet our need, no matter what we've done. He is willing to forgive. In fact, all of our sins have been covered by the blood of the Lamb.

Dear LORD, thank You that we can call on You at any time. You are faithful to listen to Your children and supply their needs. Even when we are hurting, You will come to our aid and You will bear us up in Your mighty arms. We praise Your Holy Name. In Jesus Name, Amen